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6TH WORLD CONGRESS OF ASIAN PSYCHIATRY
WORLD CONGRESS

24-26 MARCH 2017 | PARK ROTANA, ABU DHABI, UAE

WORKSHOP AGENDAS



Please Visit www.focus-gulf.com or contact
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PSYCHIATRY IN ASIA: UNITY IN DIVERSITY

WORKSHOP:

The Fundamentals of Psychiatry of Intellectual Disability

Thursday, 23rd March 2017, / 5.30-7.30pm

ABSTRACT:

TRAINERS / FACILITATORS:

Sabyasachi Bhaumik

Professor of Psychiatry
of Intellectual Disability,
University of Leicester,
UK

Sherva Cooray

Consultant Psychia-
trist and chair
ICD-11/DID working
Group, Faculty
of Psychiatry of
Intellectual Disability

Ashok Roy

Consultant Psychiatrist
and Chair, Faculty of
Psychiatry of
Intellectual Disability,
Royal College of
Psychiatrist, UK

Meera Roy

Consultant Psychiatrist,
Faculty of Psychiatry of
Intellectual Disability

Workshop Aims and objectives:

The aim of this workshop is provide an overview, rationale and implications of the assessment, diagnosis, management and service planning in people with Intellectual Disability with co-morbid Mental disorders.

Opportunities for International collaborative education and training mediated via the Faculty of Psychiatry of Intellectual Disability RCPsych will also be highlighted.

Workshop Description:

The workshop is interactive utilising multimodal methods of teaching including theory (brief), discussion, role-plays and small group work, with emphasis on acquisition of pragmatic knowledge and skills within the context of both poorly resourced Lower and Middle Income as well as more affluent nations. The key points for discussions will focus on patient-centred care targeted at improving the health, wellbeing and inequity in this disadvantaged marginalised sector that constitutes 2% of the general population.

We shall also introduce:

- A simple screening tool the GLADS (Glasgow Level of Ability and Development Scale) with potential for screening and detection of ID that could be used by healthcare workers where there is a dearth of trained professionals such as psychologists.
- Launch the new and updated systematic Training the Trainers Programme for people with Intellectual Disability developed by the faculty of Intellectual Disability, RCPsych, UK. The package consists of a manual, Facilitator Guide and Teaching Materials adapted from mhGAP-IG Base Course Training and CD-RoM with permission from the WHO. This is a 3-5 day course with a major emphasis on the acquisition of practical skills and competencies for assessment, diagnosis and management that could be easily adapted according to the relevant needs of the country. The Curriculum and teaching materials were originally developed to complement the WHO mhGAP programme, for use in People with Intellectual Disability with Mental Disorders, in collaboration with colleagues in Sri Lanka.

The workshop will be evaluated with relation to clinical utility via a questionnaire.

CONGRESS THEME

PSYCHIATRY IN ASIA: UNITY IN DIVERSITY

WORKSHOP:

Cognitive behaviour therapy for Psychiatrists in a busy clinic

Thursday, 23rd March 2017 / 2.00-5.00pm

FACILITATORS:

Prof Farooq Naeem

Professor of Psychaitry, Queens
University, Canada, Kingston, On, Canada

Ashley Gerada

Research Assistant,
University, Canada, Kingston, On, Canada

ABSTRACT:

Cognitive Behaviour Therapy (CBT) has a strong evidence base and is recommended by the National Institute of Health and Clinical Excellence (NICE) in the UK and by the American Psychiatric Association (APA) in the US for a variety of emotional and mental health problems. Recent years have seen enormous developments in translational research in CBT.

Psychological therapies including CBT are a necessary component of any mental health service. Psychiatrists will require a working knowledge of different psychological approaches and many will wish to develop clinical skills to practice at least one model of psychotherapy. As the most widely practised and researched brief psychological intervention is cognitive-behavioural therapy (CBT). This seminar will focus on practically using CBT in a busy Psychiatric clinic. We will discuss how CBT can be used in Self-help and Guided Self-help for depression, anxiety and other common mental health problems. We will also discuss commonly used techniques for psychosis.

The workshop will use practical, hands on approach. It will consist of short theoretical descriptions followed by role plays to show how CBT can be used in clinical settings. The role plays will focus on psycho-education, normalization, Socratic dialogue, exposure, problem solving and cognitive restructuring.

WORKSHOP FEES

Each Workshop is Limited Capacity of 30 Delegates

1 Workshop - AED200

3 Workshops - AED500

For payment and full registration visit www.afpa2017.com